



- SALT IS AS ESSENTIAL FOR THE BODY AS WATER. WE CANNOT SURVIVE WITHOUT EITHER SALT OR WATER.

Himalayan crystal salt is having a huge response in Europe, selling in more than 8 countries. Our Himalayan crystal salt is purity tested in an ISO 9001 QUALITY SYSTEM REGISTERED laboratory in Canada.

- A GREAT REDISCOVERY OF OUR TIME FOR A HEALTHY, ENERGETIC LIFE

The sun's energy dried up the sea millions of years ago. Natural crystal salt, which is found inside the earth, has a high mineral value. The higher the pressure, the more perfect the crystalline structure, plus, never being exposed to pollution, the natural goodness of the Himalayan Crystal Salt is increased. My company requested a salt test at the ISO 9001 quality system registered laboratory in Canada to measure the purity of our product.

- HOW TO RECOGNIZE PURE HIMALAYAN CRYSTAL SALT

The pure Himalayan Crystal Salt will maintain its natural pinkish colour even when finely granulated. Our Himalayan Crystal Salt, you can be assured, is of this high quality. The purity of this Himalayan Crystal Salt gives it a pleasant taste. It is recommended to use less of the Himalayan Crystal Salt than your common table salt. The natural Himalayan Crystal Salt may assist with blood pressure balance. High blood pressure may decrease and low blood pressure may increase.

- REMARKABLE DIFFERENCES BETWEEN CRYSTAL SALT, SEA SALT AND COMMON TABLE SALT



Crystal Salt: crystalline structure has no shadows or rough edges. up to 84 elements of the crystal are interactive with each other



Sea salt: crystalline structure has irregular shapes and separated edges... perhaps due to pollution in the oceans



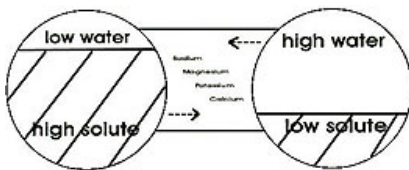
Common table salt: the crystalline structure is fragmented and dead rendering. It is useless to the body. all minerals have been processed out, leaving only sodium and chloride

- WHAT IS OSMOSIS?

The minerals and trace elements in Himalayan Crystal Salt are bound in colloidal form. Simply put; this colloidal form allows easy, immediate absorption into the body. Osmosis is the passage of water from a region of high water concentration through a membrane to a region of low water concentration. It is the movement of water from an area of low solute content to an area of high solute content. In our bodies, water moves continuously in and out of the cells. The elements form the solutes that pass in and out of the cells. The elements are: Sodium, Potassium, Magnesium and Calcium. All of these elements are found in the Himalayan Crystal Salt. These elements, also known as electrolytes, support the efficiency

of osmoregulation to occur within the cells. Osmoregulation is the body's natural maintenance of water levels in and out of our cells.

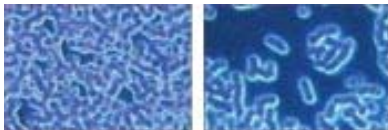
Himalayan Crystal Salt provides the body with adequate levels of essential elements that assist the body's absorption and water movement within the cells. It is known that all life originated from the ocean. The water and salt solution, approximately 3.5% salt, is what we call "sole" (pronounced so-lay) or brine. It is this solution that satisfies the body's longing for that natural balanced state of 1 part salt and 100 parts water – the amniotic fluid where we first originated. Precisely for these reasons we are able to offer you the high quality Himalayan Crystal Salt. Our Himalayan Crystal Salt is a 100% natural product with high bio-energetic quality, without additives, containing all the minerals and trace elements that are required by the body.



→ for more detailed information go to
www.nobel.se/chemistry/laureates/2003

- LIFE BLOOD CONDITION

Before drinking "sole": the blood test was done before taking the Himalayan Crystal Salt sole (brine). We notice how the blood cells stick together.



After drinking "sole": 30 minutes after drinking the sole, the space between the cells is visibly larger. It is clearly shown how the blood cells start to separate from each other. The blood is able to flow smoother

Life Blood Condition's Result, we put the results in three categories:

CATEGORY A: People taking the sole every day had a good life-blood condition.

CATEGORY B: People who never had sole before, had a poor life-blood condition. After drinking the brine solution, it improved.

CATEGORY C: People who had sole before, but stopped taking it, did not have as good a life-blood condition, even though they cooked with the Himalayan Crystal Table Salt daily.

FACTS: An average adult's health and well being requires 2g to 5g of natural salt daily. Himalayan Crystal Salt's up to 84 natural active trace elements meet those requirements. (Naturkraft Salzkristall by Helmut Seifert).

A deficit of energy causes a chaotic condition in the body, which can lead to disease. Harmony means body health.

Himalayan Crystal Salt, that we promote, comes from inside of a huge salt range in North Pakistan at the footage of the Himalayan mountain chain. It is 100% pure and the most beneficial salt available on the market. The process of collection is done by traditional methods such as breaking the rocks by hand, sorting, washing in sole bath and drying in the sun. This process preserves the energy of the Himalayan Crystal Salt.



Two Germans, Helmut Seifert and Peter Ferreira, proved through various tests, that the Himalayan Crystal Salt has extremely positive effects on the body. Preparing the “sole” and drinking it with healthy water (for more info on healthy water go to www.santevia.ca) on an empty stomach each morning, may improve the energy level, digestive system and cleanses the body inside and out. Other uses include: rejuvenating full or half baths, food flavouring, dental hygiene, cold or warm “sole” compresses, facial masks and much more.

It is our pleasure to offer this high quality Himalayan Crystal Salt, which is 100% pure with high bio energetic quality. It contains all the trace elements and minerals, required by our body without any additives. Our products from Pakistan are purity tested by an ISO 9001 certified laboratory in Canada, the highest standard available.

Already as far back as in the 16th century, the famous physician Paracelsus was of the opinion that only salted food could be digested properly. He also recommended salt for the treatment of wounds and sole baths for skin diseases.

- HIMALAYAN CRYSTAL SALT, THE “WHITE GOLD” AND ITS HEALTH BENEFITS
 - Himalayan crystal salt regulates the water content throughout the body
 - Balances the pH level in the body cells, mainly in the brain cells
 - In combination with water, Himalayan crystal salt, with up to 84 minerals and trace elements, is essential for the regulation of blood pressure
 - Himalayan crystal salt assists the flow of the hydroelectric energy in the body cells
 - Himalayan crystal salt may prevent muscle cramps
 - Himalayan crystal salt can absorb food particles through the intestinal tract
 - Himalayan crystal salt can help with respiratory health problems
 - Himalayan crystal salt can be a natural help for skin problems
 - Himalayan crystal salt can support bone density
 - Himalayan crystal salt can even help you to sleep better